

Pool Time Table July 9th - July 15th

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm -9pm
Mon 9 th	Swim Club 1L Adult Swim 8-9	Swim Club 1L	Aqua 10-10.45	Open Swim 9-7								Aqua 7-7.45	Adult Swim 7-9
Tue 10 th				Open Swim 9-7								Swim Gala 7-9	
Wed 11 th	Adult Swim 8-9		Aqua 10-10.45	Open Swim 9-7								Aqua 7-7.45	Adult Swim 7-9
Thurs 12 th				Open Swim 9-7								Adult Swim 7-9	
Fri 13 th	Adult Swim 8-9			Open Swim 9-7								Adult Swim 7-9	
Sat 14 th	Closed			Open Swim 11-5.45								Closed	
Sun 15 th	Closed			Open Swim 11-5.45								Closed	

DURING HIGH SEASON PLEASE RESPECT A TIME REDTRITION OF 1 HOUR IN THE SWIMMING POOL

GYM OPEN: 7AM-9PM MONDAY - FRIDAY. 9.30AM- 5.45PM SATURDAY, SUNDAY & BANK HOLIDAYS